

# **VANDREZZER FOOTBALL CLUB**

## **GUIDELINES FOR THE PREVENTION AND RESPONSE TO COVID-19**



## 1.0 PURPOSE



In order to reduce and potentially eliminate the spread of COVID-19 in her sporting operation and businesses, the Management of VANDREZZER FC has developed these guidelines for the commencement of her footballing activities.

These guidelines are developed to meet VANDREZZER FC internal health and safety requirements as well as the directive of the Nigeria Centre for Disease Control (NCDC) and the Federal Ministry of Youth and Sport responsible for overseeing the activities of football in Nigeria through the Nigeria Football Federation (NFF).

This procedure shall be updated following any change in directives from the regulatory bodies and advancement in knowledge on how best to manage the virus.

## 2.0 AIM



This guideline is aimed at;

- ✚ Ensuring safe resumption of players and staff to VANDREZZER FC camp house.
- ✚ Ensuring safe resumption of training.
- ✚ Ensuring safe engagement in training and competitive match activities and
- ✚ Ensuring safety of our groundsmen, stadium facility managers as well as visitors.

This document serves as a minimum requirement to be adopted and is not intended to conflict with regulatory requirements. In case of any conflict or where government regulation is more stringent, the stipulation from regulatory agency and government takes precedence.

## 3.0 SCOPE



This guideline deals specifically with the prevention, awareness, identification, and control (including reporting and quarantine) of COVID-19 that may be contracted while visiting or participating in football activities. This document should be read with the latest version of VANDREZZER FC risk assessment for resumption of sporting activity (**VFC COVID-19 RISK ASSESSMENT: NGVF-COP-SPSAF-00-00002**).

These guidelines shall be observed by;

- ✚ All players, technical and support team, working for VANDREZZER FC.
- ✚ All personnel resident at VANDREZZER FC camp house
- ✚ All persons at the home stadium of VANDREZZER FC
- ✚ Persons participating at the training ground of VANDREZZER FC.

## 3.0 SCOPE CONT'D



- ✚ All match official, that will officiate any match in which VANDREZZER FC will participate.
- ✚ All VANDREZZER FC service providers who will come in contact with VANDREZZER FC players and personnel.
- ✚ All visitors to VANDREZZER FC camp house and home ground stadium.

## 4.0 DEFINITIONS



<b>Suspect Case</b>	<p>A suspect case is defined as any person (including severely ill patients) presenting with fever, cough or difficulty in breathing and who within 14 days before the onset of illness had any of the following exposures:</p> <ul style="list-style-type: none"><li>History of travel to any country or location with confirmed or ongoing community transmission of COVID-19</li><li>Close contact with a confirmed case of COVID-19</li><li>Exposure to any facility where COVID-19 case(s) have been reported</li><li>High temperature from 38°C and above</li></ul>
<b>Probable case</b>	<p>A probable case is defined as a person who meets the criteria for a suspect case and for whom testing for COVID-19 is inconclusive or for whom testing was positive on a pan-coronavirus assay.</p>
<b>Confirmed case</b>	<p>A person with laboratory confirmation of COVID-19 infection with or without signs and symptoms.</p>
<b>Contact case</b>	<p>Someone who had contact (within 2 meter) with a confirmed case during their symptomatic period, including one day before symptom onset.</p>
<b>Triage</b>	<p>Cases of COVID-19 may present as mild or severe cases</p>
<b>Mild Case</b>	<p>Presence of Fever &lt; 38 °C or (maybe afebrile); No difficulty in breathing; Presence or absence of cough; No underlying chronic diseases, e.g.: heart, lung, asthma and kidney diseases.</p>
<b>Severe Case</b>	<p>Presence of severe condition such as: Difficulty in breathing; Crackles in lungs; Reduced/decreased breath sounds; Dullness in percussion; Increased or decreased vocal resonance; Presence of co-morbid conditions such as diabetes, asthma, hypertension, etc.</p>
<b>Service Provider</b>	<p>All third-party personnel providing service to Vandrezzer either at the camp house or its home ground stadium.</p>



## 5.0 BACKGROUND OF CORONAVIRUS DISEASE (COVID-19)

Coronaviruses are a large family of Ribonucleic Acid (RNA) viruses that infect birds and many mammals including humans. These viruses cause illnesses that range from common cold to more severe respiratory diseases and rarely gastroenteritis. Coronavirus disease (COVID-19) is caused by an emerging strain of coronavirus (SARS-Cov-2) that has not been previously identified in humans, belonging to the same family of viruses responsible for severe acute respiratory syndrome (SARS) and Middle East respiratory syndrome (MERS), for which zoonotic and person- to-person transmission have been confirmed.

Person-to-person transmission has been established between people who are in close contact with one another (within about 2 metres/6 feet), primarily via respiratory droplets.

## 5.0 BACKGROUND OF CORONAVIRUS DISEASE (COVID-19) CONT'D



Droplet transmission occurs when respiratory droplets generated via coughing, sneezing, talking make contact with susceptible mucosal surfaces such as the eyes, nose or mouth. Transmission may also occur indirectly via contact with contaminated fomites with hands and then mucosal surfaces. Respiratory droplets are large and are not able to remain suspended in the air thus they are usually dispersed over short distances.

Infection with SARS-CoV-2, the virus that causes COVID-19, can cause illness ranging from mild to severe and in some cases, can be fatal. Symptoms typically include fever, cough, and shortness of breath. Some people infected with the virus have reported experiencing other non-respiratory symptoms. Other people referred to as asymptomatic cases, have experienced no symptoms at all.

## 6.0 PREVENTIVE AWARENESS CAMPAIGN



The risk of transmission of COVID-19 increases in the absence of basic precautions for the prevention and control of respiratory infections.

To demonstrate preparedness and awareness of COVID-19 within all VANDREZZER FC facility and recreational areas, the following fundamentals are established and can be updated as new information on the virus emerges.

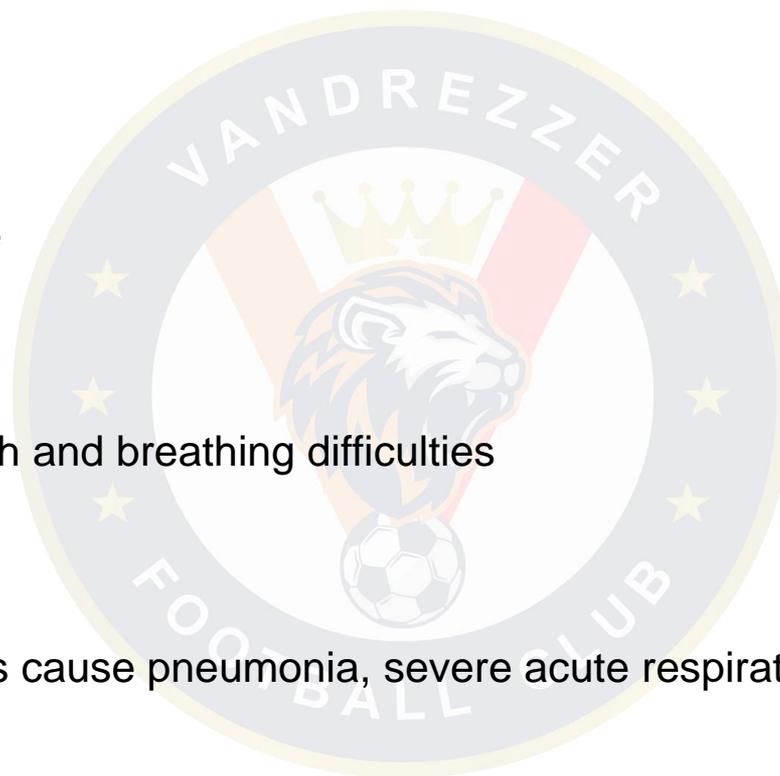
**Modes of transmission:** Droplets emitted by infected individuals, physical contact with patient respiratory secretions, contaminated surfaces, and equipment.



## 6.1 COVID-19 SYMPTOMS

Common Symptoms:

- ✚ Fever
- ✚ Loss of smell/taste
- ✚ Cough
- ✚ Shortness of breath and breathing difficulties
- ✚ Tiredness
- ✚ More severe cases cause pneumonia, severe acute respiratory syndrome, etc.





## 6.2 BASIC HYGIENE

- ✚ Wash hands frequently with soap and water for a minimum of 20 seconds or with alcohol-based hand sanitizer (of between 60-95% alcohol) provided within Vandrezzer FC facility or work locations.
- ✚ Practice respiratory hygiene.
- ✚ When coughing and sneezing, cover your mouth and nose with flexed elbow or tissue, discard the tissue immediately into a closed bin and clean your hands with hand sanitizer / soap and water.
- ✚ Maintain social distancing of at least 6 feet (2m) distance between yourself and other people, particularly those who are coughing, sneezing, and have a fever as recommended by WHO.
- ✚ Avoid touching eyes, nose, and mouth.

## 6.2 BASIC HYGIENE CONT'D



- ✚ Avoid consumption of raw or undercooked animal products.
- ✚ Avoid handshakes. You can either wave, smile or bow for greetings.
- ✚ If you feel sick, report to your supervisor/team manager over the phone, call your doctor and stay at home, unless otherwise advised by your doctor.
- ✚ All personnel are advised to at all times, use appropriate PPE (including nose masks, hand gloves) while at the camp house, training.
- ✚ Vandrezzer FC shall provide water, soap or hand sanitizer at the main entrance to her facilities, and at other strategic locations to ensure all personnel at the camp house, training ground or stadium are able to comply with hand washing.



## 6.3 PERSONAL PROTECTIVE EQUIPMENT

Personal protective equipment (PPE) is designed to protect the wearer's skin, eyes, mucous membranes, airways, and clothing from encountering infectious agents. Mucous membranes and skin with compromised integrity are portals of entry that are highly susceptible to infectious agents such as COVID-19. It is crucial to note that the provision and use of PPE does not substitute proper prevention and control strategies against infections. The use of PPE is recommended in the temporary care and management of suspected or confirmed cases of COVID-19.

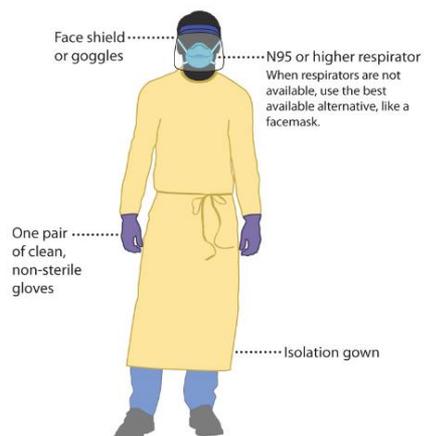
Specifically, all personnel should wear a face mask as directed by the Federal Government of Nigeria/NCDC when in public. The N95 face mask should be worn by medic / nurse while surgical mask are to be used for suspected / confirmed cases.



## 6.3 PERSONAL PROTECTIVE EQUIPMENT CONT'D

All support staff who clean the isolation rooms, players camp facility, home stadium or handle supplies / materials, laundry or re-usable items, collect and dispose infectious wastes from suspected or confirmed cases of COVID-19 patients should wear long sleeved water resistant gown or disposable long sleeved coverall, heavy duty hand gloves, and face masks while performing these activities.

### Preferred PPE – Use N95 or Higher Respirator



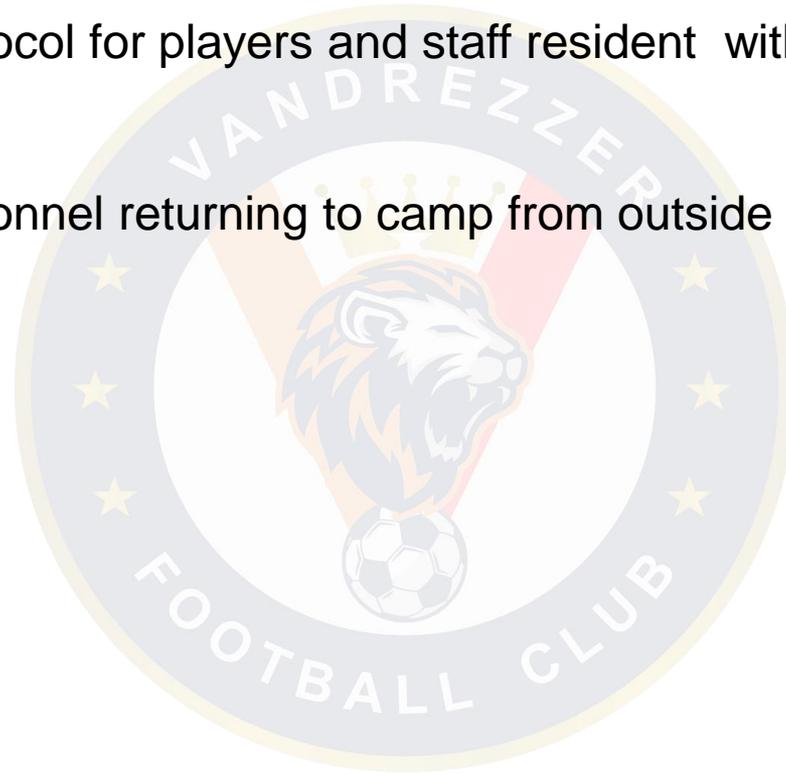
### Acceptable Alternative PPE – Use Facemask



## 7.0 RESUMPTION PROTOCOL



- ✚ Resumption protocol for players and staff resident within Nigeria.
- ✚ Protocol for personnel returning to camp from outside Nigeria.



## 7.1 RESUMPTION PROTOCOL FOR PLAYERS AND STAFF RESIDENT WITHIN NIGERIA



- ✚ Upon Government confirmation of date of resumption of footballing activities, the players and staff of Vandrezzer FC required to resume in the camp will be notified.
- ✚ VANDREZZER FC would mandate the returning players and staff to undergo a COVID-19 PCR test at a medical center approved by NCDC.
- ✚ This COVID-19 PCR test should be conducted not later than 72 hours before arriving at the camp house.
- ✚ The COVID-19 PCR result will be submitted by the medical center directly to Human Resource Department of VANDREZZER FC and will be treated as confidential.
- ✚ POSITIVE cases will be reported to NCDC for further assessment and management.

## 7.1 RESUMPTION PROTOCOL FOR PLAYERS AND STAFF RESIDENT WITHIN NIGERIA CONT'D



- ✚ Only players and staff who tested NEGATIVE would be advised to return to VANDREZZER FC facility.
- ✚ The personnel to whom access into VANDREZZER FC camp has been granted will remain in self isolation/quarantine in the camp for 7 consecutive days, during which time they are to avoid physical interaction with friends, family, colleagues, and other members of the public (i.e. they must observe strict physical distancing and other safety measures).

## 7.1 RESUMPTION PROTOCOL FOR PLAYERS AND STAFF RESIDENT WITHIN NIGERIA CONT'D

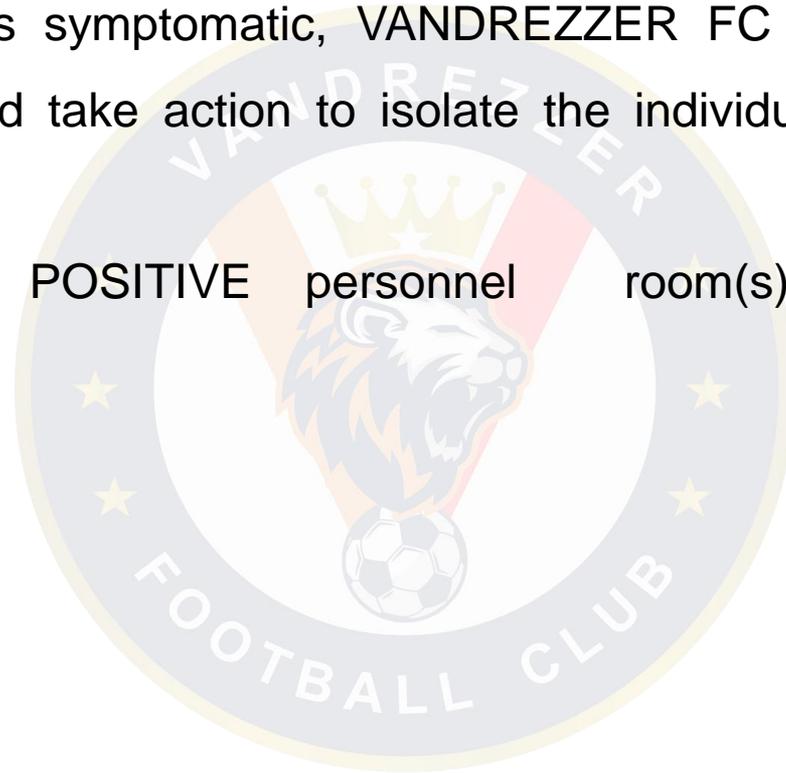


- ✚ While in isolation a virtual sensitization seminar on COVID-19 will be held for all the personnel. Attendance would be mandatory.
- ✚ All isolation personnel shall undergo daily temperature (the thermometer shall be calibrated to a traceable international / national standard and record of calibration maintained) & COVID-19 symptoms check and result logged.
- ✚ On the 7th day of arrival to VFC camp house; samples will be taken, and a repeat COVID-19 PCR test will be conducted.
- ✚ Personnel who have tested NEGATIVE for COVID-19 after 7 days of self-isolation/quarantine will be cleared and allowed to commence training on day 8.
- ✚ Personnel who have tested POSITIVE for COVID-19 will be reported to NCDC and will be managed as per NCDC guideline/directives.

## 7.1 RESUMPTION PROTOCOL FOR PLAYERS AND STAFF RESIDENT WITHIN NIGERIA CONT'D



- ✚ If an individual is symptomatic, VANDREZZER FC would immediately notify NCDC and take action to isolate the individual and contain the spread.
- ✚ The COVID-19 POSITIVE personnel room(s) will be further decontaminated.



## 7.2 RESUMPTION PROTOCOL FOR PLAYERS AND STAFF RESIDENT OUTSIDE NIGERIA



Taking advantage of government pre-travel requirement of 3 days PCR test, VANDREZZER FC player and staff returning from outside Nigeria shall:

- i. Go through the routine Port Health screening as per NCDC requirement.
- ii. Proceed on a 7-day self-isolation/quarantine in approved location, during which time they are to avoid physical interaction with friends, family, colleagues, and other members of the public (i.e. must observe strict physical distancing).
- iii. Present themselves at the sample collection centers on the 7th day of arrival; samples will be taken, and a COVID-19 PCR test done.
- iv. Personnel who have tested NEGATIVE for COVID-19 after 7 days of self-isolation/quarantine will join the rest of the team on day 8.
- v. Personnel who have tested POSITIVE for COVID-19 will be reported to NCDC and will be managed as per NCDC guideline/directives.

## 8.0

# PROTOCOL AT THE CAMP



The underlisted protocol shall be observed at the camp.

- I. Cleaning fumigation and decontamination of the camp house shall be carried out before the return of players and staff at the camp.
- II. All personnel to be resident in the camp house including support staff and COVID-19 monitoring officer will undergo the compulsory 7 days supervised isolation in the camp house.
- III. The camp house shall be equipped with audio visual aid (TV, internet, and intercom) for ease of communication and convenience.
- IV. Clear signages and floor markings shall be provided to promote one-way traffic limiting physical interaction.

## 8.0

# PROTOCOL AT THE CAMP CONT'D



- V. Personnel resident in the camp house are not allowed to visit any other facility without prior approval from the COVID-19 monitoring officer. Any such visit is only to be embarked upon using VFC vehicle.
- VI. Doors shall be equipped with door contact sensor to monitor opening and closing of doors.
- VII. All touchable surfaces such as handrails, doorknobs, table surface shall be disinfected at least twice in a day.

## 9.0

# VISITATION AT THE CAMP HOUSE



Visitors are not allowed to the camp house.

However, we recognize the need that some third-party support personnel (such as maintenance) may be required. For every staff, subcontractor/vendor and other third parties that seeks to enter VANDREZZER FC premises (offices and camp locations), such person shall first be checked at the main entrance gate using the infrared thermometer to observe their temperature level.

If the temperature of the individual is within the Mild case of Temperature/ Fever  $< 38^{\circ}\text{C}$ , such individual shall be allowed entry into the facility.

While performing service within the camp, access to the player's rooms is strictly prohibited without authorization.

## 9.0

# VISITATION AT THE CAMP CONT'D



- ✚ Meal for the players shall be prepared in-house.
- ✚ Food items procured from the market shall be dropped off at the designated location.
- ✚ Prepared meals shall be dropped off at the central mess hall of each block of flat.
- ✚ Personnel shall sit observing physical distancing or return to their room with their meals.

## 10.0

## TRAINING



For a footballer, most of the trainings are conducted out door. However, due to the prevalence of COVID-19 this aspect of the players' life will be carefully monitored.

The following guidelines are to be implemented with regards to training:

- ✚ Where security escort personnel are to be utilized to accompany the players vehicle to and from training grounds, the security personnel should do so using a dedicated vehicles.
- ✚ While commuting, VANDREZZER FC buses would not be allowed to stop en-route except for the need of medical emergency.
- ✚ No third-party personnel would be allowed to ride with the team in VANDREZZER FC buses.
- ✚ The VANDREZZER FC buses should be parked in a position not accessible to the public. Where this is not possible, physical barriers/security are to be provided.

## 10.0

## TRAINING CONT'D



- ✚ Use of third-party gym / training facility is suspended forthwith until adequate safety measures are put in place by the facility owner.
- ✚ Trainings would only be conducted at designated training grounds fitted with enclosed perimeter fence (perimeter gated wire mesh fence is recommended).
- ✚ To the extent possible, the players are encouraged to board VANDREZZER FC bus dressed and ready for the training.
- ✚ Visitors would not be allowed to interface with the players.
- ✚ All players and staff will be given a safety briefing (COVID-19 talk) on the existing COVID-19 protocol and the behavioral expectation prior to their dis-embarking from the vehicle at the training ground.
- ✚ The goal posts, balls, corner post, entrance gate, doorknobs and other surfaces at the training grounds shall be disinfected before and after training.

## 10.0

## TRAINING CONT'D



- ✚ When the ball goes out of play, it should not be retrieved by non-participants. It should be retrieved using the feet rather than the hands where possible and disinfected before re-introducing into the field of play. To this end, sufficient footballs shall be made available on training/match days to avoid delays.
- ✚ The training ground shall be decontaminated before any usage.
- ✚ Only personnel in the controlled camp are allowed to participate in training.
- ✚ Hand sanitizer shall be provided at point of entry into the training facility.
- ✚ Disinfectant wipes may be provided at training venue for cleaning staff to clean and disinfect.

## 10.0

## TRAINING CONT'D



- ✚ Support staff at training grounds are to maintain physical distancing following NCDC guideline.
- ✚ VANDREZZER FC shall carry out periodic tests according to frequency stipulated by NCDC and government regulatory bodies. This test shall be conducted at least 3 days before any match.
- ✚ The players and staff will be informed of their status.
- ✚ A well equipped and manned ambulances shall be stationed at the training venues.

Particularly for players hygiene, the following guidelines must be adhered to:

- ✚ Avoid spitting at training ground.

## 10.0

## TRAINING CONT'D



- + Good team hygiene should be maintained.
- + Players and staff should have their own water bottles to prevent the transmission of viruses and bacteria.
- + Bottles should be labelled and washed (with dishwasher soap) after each practice or game.
- + Avoid shaking hands or hugging with non-participant to celebrate achievements during and after matches.
- + Exchange and sharing of kits and other personal items is also prohibited.
- + At the end of each training session, the players and staff shall observe 10mins rest in the training venue within the perimeter locked pitch and proceed directly into the vehicle for onward movement back to the camp.

## 10.0

## TRAINING CONT'D



- ✚ After the match, hands should be washed at the earliest opportunity and personal equipment should be wiped down with disinfectant.
- ✚ Unless absolutely necessary, participants should take their kit home and wash it themselves, or deliver same to the central laundry available in the camp.
- ✚ Post-activity showers should be taken at camp.

## 11.0

## MATCH DAY



Noting the importance of our matches, VANDREZZER FC has made provisions for live feed/broadcast of all its home matches to its numerous fans across the globe. Following present regulation, spectators are not allowed into the stadium, until it is announced safe to do so by the government authorities.

At such a time that spectators are allowed into the stadium, VANDREZZER FC shall carry out specific risk assessment vis-a-vis specific protocol for safety and management of spectator/visitors at the stadium.

In the meantime, the following guidelines are to be adopted with regards to match day at the stadium.

- ✚ All protocol for the training ground must be observed on match day at stadium.

## 11.0

## MATCH DAY CONT'D



- ✦ Adequate safety and cautionary signages shall be provided at strategic locations both outside and within the stadium.
- ✦ One match day, the Stadium will be under the exclusive control of VANDREZZER FC with proper access control in places.
- ✦ Temperature check shall be taken for ALL persons entering the stadium.
- ✦ The stadium shall be dis-infected before usage
- ✦ No nose mask: no entry policy shall be enforced.
- ✦ The record of all staff working in the stadium shall be kept to assist in track and tracing.
- ✦ Match officials will be provided with pocket size hand sanitizer for use during the match.

## 11.0

## MATCH DAY CONT'D



- ✚ Visiting teams will be required to submit all players and officials' details 3 days prior to the fixture along side a COVID-19 PCR NEGATIVE test which should not older than 72hrs.
- ✚ VANDREZZER FC players and staff will have PCR test done 3 days prior to any competitive match and result furnish to the visiting team/ home team as the case may be.
- ✚ The visiting team is encouraged to do same PCR test on her personnel and result forwarded to VANDREZZER FC 3 days before the match
- ✚ The officiating referrers are also advised to carry out PCR test not to jeopardize the efforts of the team. None the less players are encouraged to observe social distance away from the officiating referees.
- ✚ Players are encouraged to come dressed ready to participate in the match.

## 11.0

## MATCH DAY CONT'D



- ✚ Visiting teams are encouraged to observe social distancing outside the field of play.
- ✚ VANDREZZER FC arts and entertainment personnel (cheerleaders, musicians, flag bearer, etc.) shall observe social distancing in the performance of their functions.
- ✚ No press conference will be allowed except for flash interviews for players and coaches. Such interviews will be conducted respecting the social distancing of 1.8 meters and more.
- ✚ Journalist and media personnel to witness the game shall be screened and cleared before they can participate in the pre-post match conferences

## 11.0

## MATCH DAY CONT'D



In the event that football regulatory body agrees and approves that spectators are allowed into the stadium; the following guideline shall be adopted.

- ✚ Visitors will be asked to write down their details when purchasing their tickets to assist with the Government's Track and Trace initiative. The details will be filed confidentially in a dated folder and kept for at least 21 days.
- ✚ The preferred mode of payment for match day ticket is cashless.
- ✚ At the moment, stadium tour on non-match days is limited to a group of 10 person per time to be pre-booked 72hours before the chosen date of visit.
- ✚ To cater for the need of the unlettered, audio announcement on safe practices shall be announced through the public address system in the stadium from time to time before the game, at half time and after the match.

## 11.0

## MATCH DAY CONT'D



- ✦ Only a limited number of tickets will be made available at the stadium venue on the match day for ease of processing.
- ✦ Visitors will observe this guidelines of stadium entry each time they visit.
- ✦ Sitting arrangement to be organized in an alternate position to support safe distancing.
- ✦ ALL personnel visiting the stadium shall use either the contactless washing tap or hand sanitizer at the point of entry.
- ✦ Club personnel to continue to direct the parking at VANDREZZER FC home stadium and once the car park is full, ensure the car park is CLOSED to all.
- ✦ Children below the age of 10 must be accompanied and supervised by an adult.

## 11.1

## DRESSING ROOM



- ✚ Staff will check and clean the dressing rooms regularly. Antibacterial soap will be placed in the toilets for players/staff and there will be a hand sanitizer dispenser inside the dressing room.
- ✚ Main door to the dressing room will be manned where possible to reduce the need for players to touch handles by pushing or pulling them open. However, wipes will be available to enable coaches/visiting management to frequently wipe handles down with antibacterial wipes to reduce risk.
- ✚ Visitors will not be allowed within the dressing room area at any time.
- ✚ At full time, the team shall leave the field of play via the tunnel area and have the post-match meeting with only two players and the head coach from each competing side to allow for social distancing.

## 11.1

## DRESSING ROOM CONT'D



- ✚ All players/coaches etc. are not permitted to utilize the showers at the same time. However, if they need to, then only 2 persons should use the shower at any given time.
- ✚ The push buttons to operate the showers shall be washed with an antibacterial wipe prior to the next person utilizing the shower.

## 11.2

## VFC AWAY GAMES



VANDREZZER FC recognizes that in the course of a competitive league season there will be need to travel for away games. The following guidelines shall be implemented to reduce exposure to COVID-19:

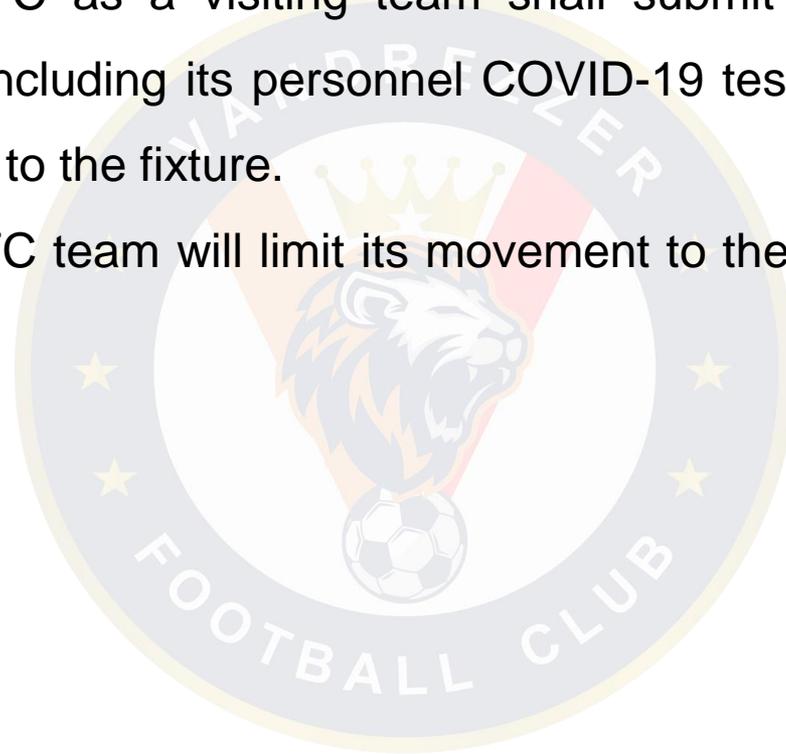
- ✚ All protocol (temperature checks, pre-trip briefing,) prior to departing the camp shall be observed.
- ✚ Travel to away game shall only be by means of VANDREZZER FC nominated /decontaminated vehicle to the venue or airport.
- ✚ VANDREZZER FC recommends that the host team conduct decontamination of the stadium and dressing room and provide evidence two days prior to the use of the facility.
- ✚ VANDREZZER FC recommends that the host team strictly complies to government, NFF and FIFA guideline on COVID-19 as it relates to football.

## 11.2

## VFC AWAY GAMES CONT'D



- ✚ VANDREZZER FC as a visiting team shall submit all its players and officials' details including its personnel COVID-19 test result to the away team 3days prior to the fixture.
- ✚ VANDREZZER FC team will limit its movement to the dressing room and field of play.



## 12.0

## IDENTIFICATION AND CONTROL



To ensure that the suspected case does not transmit COVID-19 to others within the camp house and the society. On identification of a suspected case either using the infrared thermometer or any/most of the symptoms described above while in the facility, the personnel's room shall be quickly converted to a holding area and contact shall be made to NCDC:

on 0800 9700 010 (07087110839 – WhatsApp; 08099555577 – SMS; [info@ncdc.gov.ng](mailto:info@ncdc.gov.ng)) and the State COVID-19 management team for intervention.

***\*This will only occur where evacuation takes longer than 12hrs.\****



## 12.1 ISOLATION AT VFC CAMP HOUSE FOR A SUSPECTED CASE

Following the isolation of any suspected COVID -19 case, all personnel within the building shall be subjected to PCR test and their rooms converted to temporary holding areas until the result is obtained.

- ✚ The players shall remain in their rooms and be communicated to through mobile telecommunication and the provided intercom.
- ✚ Pending the outcome of the PCR result, food shall be provided in disposable package and dropped off by the door, outside of the room.
- ✚ On arrival, the delivery person shall ring the bell or knock on the door and will put the food by the door, outside of the room, without making any contact with suspected case.
- ✚ After eating, personnel shall dispose the used food packs in a sealable nylon and placed in a designated medical waste bag inside the room.

## 12.2

## CONTROLS



All operational activities including movement to and from training facility and stadium shall comply with the following:

- ✚ VANDREZZER FC vehicle carrying capacity shall not exceed COVID -19 recommended capacity persons for all vehicles.
- ✚ VANDREZZER FC bus carrying capacity shall not exceed ten 10 persons for 14-seater vehicle, 14 persons for the 18-seater buses and 25 persons for the coaster bus.
- ✚ All personnel embarking into the vehicle shall have their temperature checked before embarkation and compulsorily use their nose mask while in the vehicle.

## 12.2

## CONTROLS CONT'D



- ✦ Any personnel whose temperature reading exceeds 38°C in addition to any other COVID-19 symptoms either before embarkation or on arrival, shall be removed and temporarily isolated according to the identification procedure above.
- ✦ Regular temperature checks shall be performed on a daily basis as a proactive measure against the spread of the COVID-19 virus.

## 12.3

# EVACUATION OF SUSPECTED CASES



To limit the spread of COVID-19 in all our football operations the following guidelines shall be strictly adhered to during evacuation of suspected cases:

- ✚ The evacuation of the suspected case will be handled by Competent Health Authorities (Federal/State Ministry of Health) or personnel from VANDREZZER FC retainer clinic using the retainer clinic ambulance or NCDC provided ambulance.
- ✚ The evacuation process shall be controlled to avoid any contact with other persons.
- ✚ The patient would wear a surgical mask; while personnel escorting the patient would wear suitable PPE (gloves, impermeable gown, goggles, and mask).
- ✚ The suspected case shall undergo the PCR testing and if the result is positive, the patient will be taken to a government treatment facility for management.

# APPENDIX A: SELF-DECLARATION QUESTIONNAIRE PRIOR TO CAMP RESUMPTION



NAME: .....

DESIGNATION: .....

PHONE: ..... EMAIL: .....

CURRENT LOCATION (include exact address):  
.....  
.....

STATE YOUR TRAVEL HISTORY IN THE LAST 30 DAYS (include dates):  
.....  
.....

Provide Address of where you stayed:  
.....  
.....

What is the name and contact details of your host?  
.....

Have you been in contact with a confirmed or suspected case of COVID-19? YES  OR NO

Have you been in any gathering of more than 50 persons (including wedding, burial, etc.)?  
YES  OR NO

I, ..... confirm that I am aware that this information is to be used solely for the elimination/reduction in the spread of the COVID-19 Virus and all information provided are correct to the best of my knowledge. I am aware that I would be subjected to a mandatory 14-days isolation period at a VFC designated center prior to resumption at the camp house to certify that I have not been infected with COVID-19.

Name/Signature: .....

Date: .....



 **Address**

No.15 Justice Edet Robert Nkop Avenue,  
Shelter Afrique, Uyo, Akwa Ibom State,  
Nigeria.

 **Support Team**

[+234 703 444 3601](tel:+2347034443601)

 **General Enquiry**

[info@vandrezzerfc.com](mailto:info@vandrezzerfc.com)

**“Football for business”**

**- a favorite catch  
phrase of Vandrezzer  
FC Management.**

**Dare to do more!**